

Help with losing weight




insync
pharmacy

Caring...is our passion
www.insync-pharmacy.co.uk



Lose weight the healthy way with

Being a healthy weight is important to your health and wellbeing. It can give you the confidence and energy to live each day to the full and lead to a longer, happier life.

Losing weight though isn't easy for everyone, which is why we're here to help.

With our **Lipotrim Maximum Weight Programme**, available only in pharmacies, we can help you lose the weight you want in a quick, yet safe and healthy way, supporting you with expert advice, care and help so that you get the results you want.

"I lost more than two stone on the Lipotrim programme. The help and support of Insync Pharmacy along the way really helped me reach my goals."

Jean Williams, 46



Lipotrim

Weight Loss Programme

What is the Lipotrim Weight Loss Programme?

The programme uses Lipotrim Total Food Replacement products, which are low in calories but nutritionally complete, in place of your regular meals as well as weekly visits to your local Insync Pharmacy to monitor your progress and give you support.

How does it work?

At each visit, your weight loss specialist will measure your weight and give you your weekly supply of Lipotrim foods. Once you've reached your target weight they will help you switch back to eating ordinary, nutritious foods and introduce you to Lipotrim Maintenance products to help you maintain your new weight. To make sure you are suitable for the programme they will carry out a free consultation with you first, which gives you the chance to ask any questions you may have.

How much weight will I lose?

The programme reduces the number of calories you have each day making your body burn excess fat instead. If you are female you can typically lose one stone a month, while males can lose one-and-a-half stones in the same period.

**Pop in to your
Insync Pharmacy today for your
free weight loss consultation!**

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Be the person that you've
always wanted to be in **3 easy steps**

**Step
One**

Watch the short Lipotrim Pharmacy Weight Loss Programme film either by visiting www.lipotrim.co.uk or borrowing for free our DVD.

**This is required before starting programme*

**Step
Two**

Pop into your Insync Pharmacy at 67 Thornhill Road, Cardiff, CF14 6PE for your free weight loss consultation with our dedicated pharmacy specialist.

**Step
Three**

Start your Lipotrim Pharmacy Weight Loss Programme including weekly visits to your Insync Pharmacy for your weight loss food supplements, advice, support and weigh-ins.



Contact 029 2075 5682 for
more information.

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